

**4-H FAMILY AND CONSUMER  
SCIENCE (FCS)**

Chané Nelson, Superintendent

**DEPARTMENT J-1**

**Family and Consumer Science (FCS)  
Contests**

**Division 11 –  
4-H Oral Presentation Contests  
Family & Consumer Science,  
Livestock, Horse and Team**

**Class 111 – Ada County 4-H Oral Presentations**

**Supervisor: Mary Schmidt**

August 1, 2:00 p.m. to 8:00 p.m.

August 2, 2:00 p.m. to 8:00 p.m.

August 3, 2:00 p.m. to 8:00 p.m.



**To Enter:**

Pre-registration is required between July 5<sup>th</sup> and July 17<sup>th</sup> by 4:30 p.m. Appointments made with the Ada County Extension office, 287-5900.

Blue ribbon presenters may take one presentation per category to the Southern District Oral Presentation competition.

**Age Division:**

1. Cloverbud..... 5-7 years old,  
not judged, participation only
2. Junior..... 8-10
3. Intermediate..... 11-13
4. Senior ..... 14-18
5. Team presentation  
(Age is determined by the oldest member)

**Time Allowance:**

	<u>Demonstration/Illustrated Talks</u>	<u>Speech</u>
Junior	5-8 minutes	5-8 minutes
Intermediate	8-12 minutes	6-10 minutes
Senior	10-12 minutes	7-10 minutes

Time allowance for all age divisions for Dramatic Reading is up to 5 minutes. Time allowance for all age divisions for TV Commercials is 30-90 seconds.

**Demonstration, Illustrated Talk, Speech, Dramatic Reading and TV Commercials are defined as follows: Demonstration, Illustrated Talk, and Speeches MUST be related to a 4-H project.**

**Demonstration**

1. A demonstration is doing and explaining.
2. A demonstration is showing how.
3. In a demonstration you make something or do something. (There may be an end product, for example, a salad.)

**Illustrated Talk**

1. An illustrated talk is talking.
2. An illustrated talk is telling how.
3. In an illustrated talk you show pictures, charts, model, equipment, and other types of visual aids.

**Speech**

1. A speech is only the spoken word and gestures.
2. A speech is presenting a topic.
3. A speech does not include any visual aids. (Note cards only may be used.)

**Dramatic Reading**

1. Words and actions used to present material to either entertain or educate.
2. Presenter may write their own material or use published material.
3. Costume, make-up or props are required. Presentation may be memorized.

**TV Commercials**

1. A presentation to convince an audience to buy an idea or product.
2. May use illustrations or objects as long as name brands are concealed.
3. Includes introduction, body, and summary.

**Premiums**

**(Departments J1-J10, unless otherwise noted)**

All presentations will be grouped as blue, red and white and will receive the following awards courtesy of the Western Idaho Fair:

Blue, \$5.00, Red, \$4.00, White, \$3.00. (No exhibitor shall be eligible for more than 2 premiums in any one class)

**Sheep Products Demo.** \$10.00 cash award. Purpose of the award is to create an awareness of and encourage promotion of sheep products (meat, wool, milk).  
**Sponsored by Idaho Wool Growers Association.**

**Class 112 – Southern District 4-H Oral  
Presentation Contest**

**Supervisor: Carolyn Ortega**

District Oral Presentations will be coordinated through the Canyon County Extension Office and the District Oral Presentation Supervisors. Please call the Canyon County Extension Office (208) 459-6003 to set up your oral presentation time. Each county will be responsible for providing a fair pass for presenters and chaperone.

- Presentations should be on the same topic as given at the county level but may incorporate changes recommended by judges.
- Presentations are given in a public setting using a microphone.

Day	Place & Time
Friday, August 18	Expo Building 1:00 p.m. – 8:00 p.m.
Saturday, August 19	Expo Building 1:00 p.m. – 8:00 p.m.

- Each county may enter one blue ribbon presentation per individual per category (limit 2 presentations per participant.) in Livestock, Family and Consumer Science, Horse, Dramatic Reading, or TV Commercial.
- Be considerate of our judges. If you are unable to come, please call Canyon County Extension Office (208) 459-6003. If possible, every effort will be made to accommodate your needs.
- Come 30 minutes (minimum) early to your presentation time. This will help acclimate you and/or give you a chance to review your presentation.

#### Set Up and Dress:

Parents and leaders can help the participants at the check-in table ONLY. The Oral Presentation Supervisor will assist the members if needed. Participants are requested to dress appropriately. An apron should be worn for food presentations. A suitable costume can be worn to carry out the theme, if desired.

#### Livestock and Horse Entries:

Please plan your presentations so that no animals are involved. Fair regulations will not allow animals inside the Expo Building with the exception of disability Guide Dogs.

#### Age divisions are as follows:

1. Junior 8-10 years old
2. Intermediate 11-13 years old
3. Senior 14-18 years old

Team Demonstration. Age is determined by oldest member.

**Time Allowance:** The time allowed for each presentation is:

	<u>Speech</u>	<u>Demonstration</u>
1. Junior	5-8 minutes	5-8 minutes
2. Intermediate	6-10 minutes	8-12 minutes
3. Senior	7-10 minutes	10-12 minutes

Time allowance for all age divisions for Dramatic Reading is up to 5 minutes. Time allowance for all age divisions for TV Commercials is 30-90 seconds.

A 1-point deduction will be taken on the score for being over or under the presentation time limit. (Please make an effort to keep presentation length between the minimum and maximum time frames).

**Demonstration, Illustrated Talk, Speech, Dramatic Reading and TV Commercial is defined as follows:**

#### Demonstration

1. A demonstration is doing and explaining.
2. A demonstration is showing how.
3. In a demonstration you make something or do something. (There may be an end product, for example, a salad.)

#### Illustrated Talk

1. An illustrated talk is talking.
2. An illustrated talk is telling how.
3. In an illustrated talk you show pictures, charts, model, equipment, and other types of visual aids.

#### Speech

1. A speech is only the spoken word and gestures.
2. A speech is presenting a topic.
3. A speech does not include any visual aids. (Note cards only may be used.)

#### Dramatic Reading

1. Words and actions used to present material to either entertain or educate.
2. Presenter must use own published material or another author's published material.
3. Costume, make-up or props are required. Presentation may be memorized.

#### TV Commercials

1. A presentation to convince an audience to buy an idea or product.
2. May use illustrations or objects as long as name brands are concealed.
3. Includes introduction, body, and summary.

#### Premiums:

All presentations will be grouped as blue, red, or white and will receive the following awards courtesy of the Western Idaho Fair:

Blue, \$5.00, Red, \$4.00, White, \$3.00.

**These premiums will be available one hour after the presentation is complete at the Premium Office on the fairgrounds.**

#### Special Awards:

Special awards given must be used the year following the fair in which they are won. Only presentations receiving blue ribbons at the District level can be considered for special awards. Age divisions may be combined at the discretion of the judges.

**The Meridian Dairy Board** will provide \$20.00 cash awards to 1<sup>st</sup> place winners and \$10.00 cash awards to 2<sup>nd</sup> place winners in each age division and each category in Family and Consumer Science, Livestock and Horse, Dramatic Reading, and TV Commercial.

**Sheep Products Demo.** - \$50.00 cash award. Purpose of the award is to create an awareness of and encourage promotion of sheep products (meat, wool, milk).  
**Sponsored by The Idaho Wool Growers Assn.**

## DIVISION 12 FASHION REVUE CONTESTS

**Class 121 – Ada County 4-H Fashion Revue  
Supervisor: Tiffany Hales**

The Fashion Revue is a separate event from the clothing and knitting exhibits. (**Any 4-H member in Ada County 4-H may model in this Fashion Revue**). Models may choose to enter either a self-constructed, constructed by

someone else, or a purchased garment.

**Enter:** Each model must submit a typed Fashion Revue narration form on or before Wednesday, August 16 (9:00 a.m.-3:00 p.m.) to the 4-H Department in the South Wing of the Expo Building. Modeling narrations will be read as received. Adult help is highly encouraged.

**Age Divisions:**

- 1. Cloverbud..... 5-7 years old, not judged participation only
- 2. Junior..... 8-10 years old
- 3. Intermediate..... 11-13 years old
- 4. Senior ..... 14-18 years old

**Classes:**

<u>Constructed Garment</u>	<u>Show us your style</u> (Purchased Garment)
Cloverbud	Cloverbud
Junior	Junior
Intermediate	Intermediate
Senior	Senior

**Preparation:**

Practice on Thursday, August 17, 7:00 p.m. at Western Town Stage.

**Time/Location:**

Western Town Stage, Saturday, August 19  
 1:00 p.m. Check in, South Expo Building, 4-H area  
 1:45 p.m. Line up at Western Town Stage  
 2:00 p.m. Modeling on the Western Town Stage  
 Ada County Fashion Revue

**Awards:**

All Cloverbud models will receive a participation ribbon. Blue or red rosettes will be awarded for all others. All blue ribbon winners are eligible to compete at the Southern District Fashion Revue. Top models will receive a gift certificate.

**Class 122 – Southern District 4-H Fashion Revue**

**Supervisors:** *Debbie Lowber and Amy Costa*

**Enter:**

Contact local county Extension office.

All blue ribbon winners at the county level are eligible to compete at the District Fashion Revue. The 4-H'er will model by class and age division. Please have completed modeling narration card available at check in.

**Age Divisions:**

- Junior I ..... 8-9 years old
- Junior II ..... 10 years old
- Intermediate..... 11-13 years old
- Senior ..... 14-18 years old

The Junior age divisions may be combined if there are fewer than 3 participants in each age division per class.

**Classes:**

<u>Constructed Garment</u>	<u>Purchased Garment</u>
Junior	Junior
Intermediate	Intermediate
Senior	Senior

**Time and Place:**

Saturday, August 19

- 2:30 p.m. Check in, South Expo Building, 4-H area – submit modeling narration card at check in
- 3:45 p.m. Line up at Western Town Stage
- 4:00 p.m. Modeling on the Western Town Stage  
Southern District Fashion Revue

**Awards:**

All participants will receive Participation Rosettes. Top and Reserve Top model in each age division will receive a gift certificate.

**Division 13 – Family and Consumer Science (FCS) Judging Contest**

**Supervisor: Allyson Sander**

This event will be held **August 14 and 15** during interview evaluations in the South Expo Building. Each 4-H member will have the opportunity to participate in this event. There will be a variety of subjects to evaluate from foods to miscellaneous 4-H projects. A judging sheet will be provided to each member. Members will judge/evaluate a project and give written responses. These judging sheets will be turned in when the member is finished judging. First, Second, and Third place awards are given in the Junior, Intermediate, and Senior Categories. A First place award will be given to the top adult entry. Winners will be announced Monday, **August 21** during the Family and Consumer Science Awards ceremony. Please report to the information table for instructions or if you have questions.

**Division 14 – FCS 4-H Poster Contest**

Any Ada County 4-H member entered in the Fair is eligible to participate. Posters are due August 15 by 7:00 p.m. in the 4-H department of the Expo Building (Fair Interview Evaluations). Illustrate how 4-H supports Head, Heart, Hands and Health for you.

**Posters need to be on the Fair Entry Form.**

- Class 141 – Cloverbud
- Class 142 – Junior Computer Generated
- Class 143 – Junior Hand Drawn
- Class 144 – Intermediate Computer Generated
- Class 145 – Intermediate Hand Drawn
- Class 146 – Senior Computer Generated
- Class 147 – Senior Hand Drawn

**Requirements:**

**Limited to ONE entry per 4-H member.**

- Size:** 14" x 22" (hand drawn)  
11" x 17" (computer generated)

**Materials:** Poster must be in color. Please use paint, markers, chalk, colored pencils, crayons or computer generated. Do not use photographs or hot glue. **NO CUT AND PASTE WITH ANY ADHESIVES.**

**Theme:** Head, Heart, Hands, Health

**Guidelines:** Computer generated posters **MUST** be designed on a computer and printed out as a poster. Printed images cut out and mounted on a poster board will not be displayed or judged. Complete posters may be mounted on poster board for ease of display.

ANY POSTERS VIOLATING THE RULES WILL NOT BE JUDGED OR DISPLAYED.

**Judging Criteria:**

Overall appeal	40 points
Design & Layout	25 points
Creativity	25 points
Color	10 points

**Awards: Cloverbuds will receive participation ribbons. First, second, and third place in each division**

Junior	Intermediate	Senior
Blue--\$10	Blue--\$10	Blue--\$10
Red--\$7	Red--\$7	Red--\$7
White--\$4	White--\$4	White--\$4

Awards are courtesy of **Kitchen Craft**. Winners will be announced at the Family and Consumer Science Awards Ceremony Monday, August 21.

**Division 15 – 4-H Story Contest:**

Please submit your 4-H Story as a separate entry to be judged based on proper format (format described in record book) and content. Submissions will be collected during Interview Evaluations.

Class 151 – Junior

Class 152 – Intermediate

Class 153 – Senior

First and Second Place will be awarded in each division of Junior, Intermediate and Senior.

**Division 16 – Club Booth Displays**

Each 4-H Club can display their club projects, and depict club activities. Booths must incorporate the fair theme “Stars, Stripes, and Fair Delights” for judging. To be eligible for club booth space, the club members must have exhibits in the Family and Consumer Science department. All clubs with entry forms will be assigned a space to display projects.

Displays can be set up on Wednesday, August 16, **5:00 p.m. – 7:00 p.m.** or Thursday, August 17, **10:00 a.m. – 5:00 p.m.**

**Judging criteria:**

1. Overall appeal	30 points
2. Club activities depicted	30 points
3. Fair theme displayed	30 points
4. Evidence of youth effort	10 points
Total	100 points

<b>Awards:</b>	
First Place	\$25.00
Second Place	\$15.00
Third Place	\$10.00

Awards are courtesy of **Kitchen Craft**. All decorated club booths will receive a rosette ribbon. Winners will receive an additional rosette and will be announced at the Family and Consumer Science awards ceremony Monday August 21 at 7:00 p.m. in the 4-H department in the Expo Building.

**Division 17 – “Your Favorite Cookie” Contest**

**Sponsored by The Amalgamated Sugar Company LLC**

**Supervisor: Courtney Dodge**

This contest is open to all 4-H members exhibiting at the fair. Members are to bake their favorite **Whole Grain** cookie. A whole grain cookie is any cookie containing flour that is at least 50% whole grain or whole grain product. Whole grains can include barley, cornmeal, oats, rice, wheat, quinoa, rye, and spelt. The cookies can be iced or left plain. They may be rolled, shaped or dropped. This year, cookies **cannot** be bar cookies and **cannot** contain chocolate.

Cookies will be entered on Sunday, August 20, 2017, from 12:00 noon to 2:00 p.m. in the South Expo building in the 4-H section. Judging will begin at 2:30 p.m. The cookies will be judged by a panel of youth. Winners will be announced at the Family and Consumer Science Awards ceremony, Monday, August 21 at 7:00 p.m.

Class 171 – Junior (8-10)

Class 172 – Intermediate (11-13)

Class 173 – Senior (14 & over).

Only one (1) entry per member. Cloverbud entries will not be accepted.

All entries must include the following:

**a. Eight (8) cookies;** all of the same type on a paper plate. Please keep cookie size to 2 - 3 inches.

**b. The recipe** printed or neatly written on an index card.

**c. Proof of Purchase or an empty Amalgamated sugar package. All cookies must contain some type of Amalgamated Sugar and be made from scratch.**

(Amalgamated Brands are: Winco, Supervalue (Essential Everyday™), Fred Meyer, Kroger – P\$ST, Western Family, and Albertsons/Safeway – Signature Kitchens)

**All recipes** become the property of **The Amalgamated Sugar Company** and the Western Idaho Fair and may be edited, adapted, copyrighted, published and used by them for publicity, promotion and/or advertising at their discretion without compensation to the contestant.

<p>PRIZES awarded by <b>Amalgamated Sugar Company</b> in each category of Junior, Intermediate, and Senior will be: First Place \$25, Second Place \$20, Third Place \$15 If no winners are awarded in an age group, prizes will be given to other deserving entries.</p>
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**Division 18 – Lego Robotics**

**Sumo Bot Competition**

**Supervisor: Kristi Mire**

**Saturday, August 26, 2:00 p.m. to 5:00 p.m. at South Expo Building, 4-H area**

Registration is due **August 1** to the Premium Office.

**Objective:**

This is a competition where two autonomous Lego robots try to push or flip each other out of the sumo ring. The winner will be determined when the opponent falls

out of the ring or is disabled. The robot that wins the most rounds wins the contest. The following is a basic overview of the rules and regulations. For the complete rules and registration please contact the Ada County Extension Office: 208-287-5900.

#### **Entry Specifications:**

- Age of team members: 8 to 14
- Only one robot per team
- Teams can be comprised of up to a maximum of five members and minimum of two
- Entry fee of \$25.00 per team will be required
- A poster documenting the team's robot experience is required and must be submitted by Monday, August 7 to the Ada County Extension Office. Must be 14"x 22".
- Robots must pass an inspection prior to the competition that day

#### **Awards:**

Poster:

1<sup>st</sup> Place Rosette

Competition:

1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup> Place Rosette and prizes will be awarded to the top three teams.

Participation Awards will be awarded to all teams.

## **Ada County 4-H Interview and FCS Exhibit Evaluation**

**All entry forms are due August 1 at the Premium Office by 4:30 p.m.**

#### **INSTRUCTIONS:**

1. **All** exhibits must have a display, exhibit or poster, completed record books and fair entry form with all required signatures to enter.
2. **All** 4-H'ers will be interviewed and the exhibit evaluated.
3. See days and times in Daily Program to schedule interviews.
4. Dress and conduct yourself as you would on an interview.
5. Exhibit check out is Monday, August 28, 10:00 a.m. – 7:00 p.m. Copy of entry form required. WE cannot be responsible for items left after 7:00 p.m.

#### **PREPARATION OF EXHIBITS:**

Display label cards can be picked up from the Premium Office or Ada County Extension Office and serve to identify each project to the owner and to the public. Every article entered in the fair will be labeled. Securely attach the label cards to the outside of the article with tape or safety pins. The label contains the member's name, age, leader name, project and club. White label cards are used with all 4-H'ers projects, green label cards are used to identify Cloverbud projects. See specific division instructions.

All FCS (non-animal) project exhibits, posters, and displays will be judged SEPARATELY on Wednesday, August 16.

1. Members will leave their exhibits with tags before interview evaluations.
2. **ALL** exhibits must be entered when members come for interview evaluations. **EXCEPTION FOR FOODS PROJECTS ONLY:** Perishable food items may be brought to the South Expo Building on Wednesday, August 16 between 8:00 am and 10:00 am only. Perishable items will be accepted on interview evaluation days (Monday, August 14 and Tuesday August 15, 9:00 am to 7:00pm), but exhibits will not be evaluated until Wednesday; refrigeration cannot be guaranteed. No other exhibits will be accepted for judging on Wednesday.
3. Exhibit evaluation forms will be completed by judges and available for members after the fair.
4. **All projects will require an exhibit that consists of an exhibit (product), a display or a poster, to be entered with the record book.** Educational displays will be no larger than 10" x 12" x 15". Hanging Posters **must** be 14" x 22". Posters measuring up to 28" x 22" **must** be able to standup (trifold). See project requirements as listed on the 4-H Projects page of the Idaho 4-H website: (<http://www.uidaho.edu/extension/4h/projects>)
5. **Up to 3 entries may be made per class. Ribbons will be awarded for all entries and premiums will be paid for top two entries only.**

#### **New for 2017:**

**Booth Cleanup** will be Monday, August 28 from 10:00 am till 7:00 pm. Clubs please be aware that all decorations and displays must be out of the building by 7:00 pm. Staff will begin breaking down booths no later than 3:00 pm to comply (i.e., taking down all decorations). Clubs wanting to break down their own decorations should send someone by 3:00 pm or make arrangements with Dianne Hobbs in the Ada County Extension Office at 208-287-5900. All unclaimed decorations will be disposed of at 7:00 pm.

#### **4-H Interview Evaluations**

##### **Supervisors:**

**Pat Sander, Allyson Sander and Beth Lopez**

1. Interview Evaluations are an important part of the project completion process in Ada County. They provide an opportunity for youth to share their completed record books with a caring adult. All Ada County 4-H members must complete interview evaluations for all projects displayed at the Western Idaho Fair or Canyon County Fair (livestock and small animal projects).
2. All projects must be accompanied by the required project materials, record book, and involvement report.
3. Horse interview evaluations are scheduled for all entered participants in horse events by the Horse Department Supervisors and will be held on Saturday, August 12 at Western Riding Club. No other projects will be evaluated at the horse interview evaluations, and no horse interview evaluations will be given at

the Western Idaho Fair interview evaluation days. *Note: the following rules refer to the livestock, small animal, and FCS interview evaluations; please refer to the horse section of this guide for more information on horse interview evaluations.*

4. Interview evaluations for livestock, small animal, and Family & Consumer Science projects will be conducted on Monday, August 14 and Tuesday, August 15 from 9:00 am to 7:00 pm.
5. Interview evaluations must be scheduled in advance. Please call the Ada County Extension Office at 208-287-5900 to schedule interview evaluations beginning Wednesday, July 5 through Friday, August 11. Appointments can be taken on regular business days between 8:00 am and 5:00 pm. Interview evaluation times are scheduled on a first come, first served basis.
6. When scheduling an interview evaluation, please have the following information ready for each exhibitor: name, age, club, and projects (including level and specific name).
7. Cloverbud interview evaluations are not required, but recommended.
8. Interview evaluations are not competitive. Exhibitors will receive a blue, red, or white sticker on their evaluation form which will be returned after the fair, and a blue, red, or white card which may be displayed at the fair. Outstanding record books will be nominated by the interview evaluator only for the Ada County 4-H Record Book Contest. A blue ribbon interview evaluation is required for entry to the Record Book Contest.
9. Members will only be allowed to take their record materials to their interview evaluations. Project exhibits, including educational poster contest entries, will be labeled and collected for judging through a separate process. This will allow interview evaluators to focus on the member and his/her record materials.
10. Check in process: 1. Members will first label and enter posters and FCS exhibits and place in designated areas. 2. Supervisors will check portfolios for completeness as listed in the 4-H project requirement handbook. 3. The interview clerk will provide members with the appropriate number of interview evaluation forms; members will have a seat in the waiting area until called for the interview evaluation.
11. Check out process: Following the interview evaluation, members will give all completed judging sheets to the supervisor and leave the record book for judging in the Record Book Contest (if eligible).

### **WIF 4-H Family and Consumer Science Grand Champion Award:**

This award will be presented to the top exhibit in each of the following project categories:

- Foods and Nutrition
- Clothing and Textiles
- Arts
- Science
- Miscellaneous



4-H members will receive a \$20 award from **Kitchen Craft.**



4-H Family and Consumer Science awards are sponsored by the **Ada County 4-H Leaders Association**

### **Self-Determined**

Self-Determined is NOT A PROJECT, but a method for carrying out a project in a subject where projects do not exist. When filling out your Fair Entry Form please put down the department that your project would fit under best (J3-J10). On the fair entry form write the exhibit you are bringing. **All Self Determined Projects must be approved by an Ada County 4-H Extension Educator.** Submit a list of goals to the Extension Office by August 1 for consideration.

### **DEPARTMENT J2 - ADA COUNTY** **4-H CLOVERBUDS:**

- Cloverbuds is a non-competitive educational program for youth ages 5 through 7.
- Cloverbuds will receive a participation ribbon only and will not receive premium money.
- Cloverbuds exhibiting Family and Consumer Science projects must include page 1 of the Cloverbuds Participation Summary. Page 2 is optional.
- **The only animal projects Cloverbuds may be involved with are lap animal projects. These are defined as: rabbits, cavies, small dogs that weigh less than the member, chickens, and mini-goats.**
- Cloverbuds may participate in special showmanship judging, skill events or other classes for participation ribbons only, but may not participate in any class that is being judged.

#### **To Enter:**

- All Fair entries must have a completed fair entry form.
- Small Animal entry forms are due in the Premium Office by August 1 before 4:30 p.m.
- Family and Consumer Science entry forms are due in the Premium Office by August 1 before 4:30 p.m.

#### **Divisions:**

##### **21. Exhibit**

**22. Poster** – Hanging Posters MUST be 14” x 22”. Free standing trifolds may measure up to 28” x 22”.

**23. Display** – No larger than 10” x 12” x 15”.

**Classes:** Cloverbuds entering will use the list of classes in the fair book. Record the class from the fair book.

### **DEPARTMENT J3 – ADA COUNTY 4-H CITIZENSHIP AND CIVIC EDUCATION**

**Divisions:**

**31. Exhibit**

**32. Poster** – Hanging Posters **MUST** be 14” x 22”. Free standing trifolds may measure up to 28” x 22”.

**33. Display** – **No** larger than 10” x 12” x 15”.

See project requirements as listed on the 4-H Projects page of the Idaho 4-H website:

<http://www.uidaho.edu/extension/4h/projects>)

**Class & Project Name:**

301. Know Your Government: Exploring Citizenship

302. Know Your Government: Power of the Press

303. Know Your Government: Advanced Citizenship

304. Know Your Government: Senior (Planning Committee or Reporter)

305. Exploring Citizenship-National Focus

### **DEPARTMENT J4 – ADA COUNTY 4-H COMMUNICATIONS AND EXPRESSIVE ARTS**

**Divisions:**

**41. Exhibit**

**42. Poster** – Hanging Posters **MUST** be 14” x 22”. Free standing trifolds may measure up to 28” x 22”.

**43. Display** – **No** larger than 10” x 12” x 15”.

See project requirements as listed on the 4-H Projects page of the Idaho 4-H website:

<http://www.uidaho.edu/extension/4h/projects>)

**Class & Project Name:**

401. Cowboy Poetry

402. Handwork from our Heritage

403. Latino Cultural Arts

404. Leathercraft 1, 2, or 3

405. Portfolio Pathways

406. Photography 1, 2, or 3

407. Scrapbooking *\*county project-contact Ada County Extension for requirements*

408. Sketchbook Crossroads

409. Public Speaking 1, 2, or 3

### **DEPARTMENT J5 – ADA COUNTY 4-H ENVIRONMENTAL EDUCATION AND EARTH SCIENCES**

**Divisions:**

**51. Exhibit**

**52. Poster** – Hanging Posters **MUST** be 14” x 22”. Free standing trifolds may measure up to 28” x 22”.

**53. Display** – **No** larger than 10” x 12” x 15”.

See project requirements as listed on the 4-H Projects page of the Idaho 4-H website:

<http://www.uidaho.edu/extension/4h/projects>)

**Class & Project Name:**

501. Ecology

502. Forestry 1, 2, or 3

503. Geology 1, 2, or 3

504. Wildlife A, B, C, or D

505. Archery

506. Cross-County Skiing

507. Hunting

508. Muzzleloader/Black Powder

509. Outdoor Adventures 1: Hiking Trails

510. Outdoor Adventures 2: Camping Adventures

511. Outdoor Adventures 3: Backpacking Expeditions

512. Pistol

513. Rifle

514. Shotgun

515. Sport fishing 1, 2, or 3

### **DEPARTMENT J6 – ADA COUNTY 4-H FAMILY AND CONSUMER SCIENCES PROJECTS**

**Article Preparation:**

A garment is a single item such as a blouse, skirt or pants. A complete outfit covers the whole body. For garments that are knitted or crocheted, or quilted articles - a label typed or printed on cloth and sewn inside is necessary. All other clothing articles must be labeled using a swatch of white iron-on interfacing approximately 1 1/2" x 2 1/2". Type or print member's name, age, project, and club name on swatch. Include "care" instructions in the 4-H story or create a care label using interfacing.

Articles which have been worn or have become soiled should be laundered before exhibiting. Press all clothing exhibits. Exhibitors are responsible for having wire hangers to hang their garments.

Garment bags cannot be left on clothing after the fair opens. All display labels should be attached with a straight pin on the lower right hand hem of garments so they can be easily seen by the public. Sweaters and other articles should have the label attached on the pocket location area.

**Divisions:**

**61. Exhibit**

**62. Poster** – Hanging Posters **MUST** be 14” x 22”. Free standing trifolds may measure up to 28” x 22”.

**63. Display** – **No** larger than 10” x 12” x 15”.

See project requirements as listed on the 4-H Projects page of the Idaho 4-H website:

<http://www.uidaho.edu/extension/4h/projects>)

**Class & Project Name:**

601. Child Development 1, 2, 3

602. Crochet

603. Knitting

604. Sewing (Sew Wow)

605. Sewing Expressions 1: Under Construction

606. Sewing Expressions 2: Fashion Forward

607. Sewing Expressions 3: Refine Design

608. STEAM Clothing 1: Fundamentals

609. STEAM Clothing 2: Simply Sewing

610. STEAM Clothing 3: A Stitch Further

611. STEAM Clothing: Beyond the Needle

612. Consumer Savvy 1, 2, or 3

## **DEPARTMENT J7 – ADA COUNTY 4-H** **HEALTHY LIVING**

### **Food Preparation:**

Foods should be entered in unsealed plastic bags and on paper plates. Non-disposable dish wear is not the responsibility of department management. Label all foods on the inside of packages with member name, age, project, and club name. Food exhibits should also state the kind of cookie, fruit bread, etc. being exhibited. For example - "Ginger Cookies", "Banana Bread". Label front side of posters and outside of notebooks. Attach recipe to exhibit.

**For food safety, exhibits using raw eggs or egg whites, cream cheese, whipped cream, meats, cheeses, vegetables, or other perishable foods will not be displayed.**

### **Divisions:**

#### **71. Exhibit**

**72. Poster** – Hanging Posters **MUST** be 14" x 22". Free standing trifolds may measure up to 28" x 22".

**73. Display** – No larger than 10" x 12" x 15".

See project requirements as listed on the 4-H Projects page of the Idaho 4-H website:

(<http://www.uidaho.edu/extension/4h/projects>)

### **Class & Project Name:**

701. Baking 1: Biscuits, Muffins, Pancakes, and Cookies

702. Baking 2: Quick Breads and Cookies

703. Baking 3: Yeast Breads

704. Baking 4: Cakes, Pies, and Pastries

705. Cake Decorating 1: Building Buttercream Skills

706. Cake Decorating 2: Flowers and Borders

707. Cake Decorating 3: Fondant and Tiered Cakes

708. Candy Making \*county project-contact Ada County  
*Extension for requirements*

709. Cooking 101

710. Cooking 201

711. Cooking 301

712. Cooking 401

713. Dutch Oven Cooking

714. Fantastic Foods A: Six Easy Bites

715. Fantastic Foods B: Tasty Tidbits

716. Fantastic Foods C: You're the Chef

717. Fantastic Foods D: Foodworks

718. Food, Culture and Reading

719. Creative Ideas Using Frozen Bread Dough

720. Outdoor Fun with Frozen Bread Dough

721. Microwave Cooking A: Bag of Tricks

722. Microwave Cooking B: Micro Magicians

723. Microwave Cooking C: Amazing Rays

724. Microwave Cooking D: Presto Meals

725. Pathways to Culinary Success

726. Teens Entertain

727. Food Preservation: Drying

728. Food Preservation: Boiling Water Canning

729. Food Preservation: Freezing

730. Food Preservation: Pressure Canning

731. Food Science: Science Fun with Dairy Foods

732. Food Science: The Secrets of Baking

733. Food Science: Power of Protein Chemistry

734. Food Science: Inner Mysteries of Fruits and Vegetables

735. Food Science: Be a Food Scientist

736. Keeping Fit and Healthy 1, 2, or 3

737. Choose Health: Food, Fun and Fitness

738. Up for the Challenge

739. Bicycle 1 or 2



### **Cake Decorating Award:**

**Wilton Enterprises** will give a special award to the overall **Best of Show** winners from the Decorated Cake Divisions and Cupcake Divisions. Winners will receive the following prizes:

- Wilton 5-Pc. Easy Layers 6 inch Cake Pan Set
- Wilton 12-Pc. Cupcake Decorating Set

Wilton will also award a Wilton 12-Pc. Cupcake Decorating Set for each 1<sup>st</sup> prize in all categories. A maximum of 5 first prize winners will be awarded, no exceptions.

### **Rules for Cupcakes:**

Cupcakes do not fulfill the project requirements for the cake decorating project, but members are encouraged to participate in the Wilton Cupcake Contest.

The following guidelines will apply:

- Bring four cupcakes on a disposable plate (covers will be disposed after judging)
- The cupcakes must demonstrate skills learned in the project, and must be different from the skills on the full-size cake entered.
- The four cupcakes do not need to be identical to each other (but can be).
- Cupcakes will be entered in the cupcake division, and judged as an individual entry.

### **Food Events:**

**The Amalgamated Sugar Company LLC:** Special Award-1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup>: Gift Certificates; Prizes are offered for baked goods using brown sugar, white sugar, or powdered sugar. Exhibits should be from any listed 4-H Foods projects.

(Amalgamated Brands are: Winco, Supervalu (Essential Everyday™), Fred Meyer, Kroger – P\$&T, Western Family, and Albertson/Safeway – Signature Kitchens.)

**Exhibitor enters the contest by obtaining The Amalgamated Sugar Company, LLC entry label at the 4-H foods entry table and attaching to the food entry.**



**Amalgamated Sugar**

*Pure. Sweet. Grower-Owned.*

### **Ball Fresh Preserving Award**

Sponsored by: Ball® & Kerr™ Fresh Preserving Products

Newell Brands, Inc., marketers of Ball® and Kerr™ Fresh Preserving Products, is proud to recognize today's fresh preserving (canning) enthusiasts. An award for first place will be presented to the 4-H member whose home canned entry is selected the best in the category.



A panel of judges will select the best entry in each category for Fruits, Vegetables, Pickles, and Soft Spreads. Entries must be preserved in Ball® Jars sealed with Ball® Lids and Bands specially designed for home canning, or preserved in Kerr™ Jars sealed with Kerr™ Lids and Bands specially designed for home canning. In addition, entries in the soft spread category must be prepared using Ball® Pectin: Classic, Low or No-Sugar, or Liquid. Proof of pectin purchase in the form of a receipt or product UPC must be submitted with entry.



Entries from each category honored with a First Place award will receive one five-dollar (\$5) Coupon for Ball® or Kerr™ Fresh Preserving Products and one Free (up to \$6 value) Coupon for Ball® Pectin.

**DEPARTMENT J8 – ADA COUNTY 4-H**  
**PERSONAL DEVELOPMENT AND**  
**LEADERSHIP**

**Divisions:**  
**81. Exhibit**  
**82. Poster** – Hanging Posters **MUST** be 14” x 22”. Free standing trifolds may measure up to 28” x 22”.  
**83. Display** – No larger than 10” x 12” x 15”.  
 See project requirements as listed on the 4-H Projects page of the Idaho 4-H website:  
<http://www.uidaho.edu/extension/4h/projects>

- Class & Project Name:**
- 801. Elementary Financial Management
  - 802. Entrepreneurship 1, 2, or 3
  - 803. Build Your Future
  - 804. High School Financial Planning
  - 805. Financial Champions 1, 2, or 3
  - 806. Exploring the Treasures of 4-H (Cloverbud)
  - 807. Step Up To Leadership 1: My Leadership
  - 808. Step Up To Leadership 2: My Journal
  - 809. Step Up To Leadership 3: My Portfolio

**DEPARTMENT J9 – ADA COUNTY 4-H**  
**PLANTS AND ANIMALS**

**Non-Animal option only: If you are entering an animal in the fair, DO NOT enter in this department**

**Divisions:**  
**91. Exhibit**  
**92. Poster** – Hanging Posters **MUST** be 14” x 22”. Free standing trifolds may measure up to 28” x 22”.  
**93. Display** – No larger than 10” x 12” x 15”.  
 See project requirements as listed on the 4-H Projects page of the Idaho 4-H website:  
<http://www.uidaho.edu/extension/4h/projects>

**Class & Project Name:**

- 901. Cat
- 902. Dog
- 903. Pocket Pet
- 904. Poultry
- 905. Cavy
- 906. Rabbit
- 907. Dairy Goat
- 908. Meat Goat
- 909. Pack Goat
- 910. Pet/Pygmy Goat
- 911. Beef
- 912. Dairy Cattle
- 913. Horse and Pony
- 914. Llama/Alpaca
- 915. Sheep
- 916. Swine
- 917. Field Beans
- 918. Gardening A, B, C, or D
- 919. Junior Master Gardeners
- 920. Potatoes
- 921. Small Grains
- 922. Sugar Beets

**DEPARTMENT J10- ADA COUNTY**  
**4-H SCIENCE AND TECHNOLOGY**

**Divisions:**  
**101. Exhibit**  
**102. Poster** – Hanging Posters **MUST** be 14” x 22”. Free standing trifolds may measure up to 28” x 22”.  
**103. Display** – No larger than 10” x 12” x 15”.  
 See project requirements as listed on the 4-H Projects page of the Idaho 4-H website:  
<http://www.uidaho.edu/extension/4h/projects>

- Class & Project Name:**
- 1001. Beekeeping *\*county project-contact Ada County Extension for requirements*
  - 1002. Entomology 1, 2, or 3
  - 1003. Project Butterfly WINGS
  - 1004. Veterinary Science 1, 2, or 3
  - 1005. Aerospace 1, 2, 3, or 4
  - 1006. Computer Power Unlimited: Newbie, 1, 2, or 3
  - 1007. Electric Power 1, 2, 3, or 4
  - 1008. Geospatial Technologies: Beginner or Intermediate
  - 1009. Small Engines 1, 2, or 3
  - 1010. Wind Energy
  - 1011. Woodworking 1, 2, 3, or 4
  - 1012. Junk Drawer Robotics 1, 2, or 3

**Club Records**

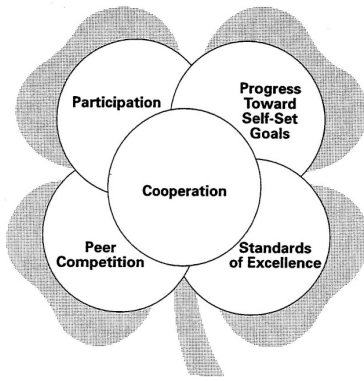
Club records may be submitted and reviewed. Comments are then made for the club’s benefit. These are records of the club activities, not individual projects.

**Secretary’s Book**

Exhibit the completed secretary book, include Plan of Meeting A-24 (participation ribbon)

**Club’s Scrapbook**

Exhibit the club’s scrapbook (participation ribbon)



### What the FAIR is all About!

Fair is part of the 4-H program that is used to support learning, to build positive self-esteem and self-reliance. Youth have a variety of needs to learn these and other life skills, as reflected in this 4-H model. The numerous events and activities available during the Western Idaho Fair and club meetings provide an opportunity for youth to build life skills in all five divisions.

(1993), National 4-H Council & ES-USDA)  
**Head – Heart – Hands – Health**

#### 2017 Western Idaho Fair Family and Consumer Science 4-H Exhibitor’s Schedule

Time	Wednesday 8/16	Thursday 8/17	Friday 8/18	Saturday 8/19	Sunday 8/20	Monday 8/21
10:00 am	<b>8:00 to 10:00 am</b> Submit perishable food items <b>9:00 am</b> FCS exhibit judging <b>9:00 am to 3:00 pm</b> Submit narration form for Fashion Revue <b>5:00 to 7:00 pm</b> Decorate Club display booths-Expo	<b>10:00 am to 5:00 pm</b> Decorate Club Displays				
12:00					<b>12:00 – 2:00</b> Cookie Contest Entry	
1:00 pm			<b>1:00-8:00 pm</b> Southern District Oral Presentation	<b>1:00-8:00 pm</b> Southern District Oral Presentation <b>1:00 pm</b> Ada County Fashion Revue Check-in <b>1:45 pm</b> Ada County Fashion Revue Line-Up		
2:00 pm				<b>2:00 pm</b> Ada County Fashion Revue <b>2:30</b> Southern District Fashion Revue Check-In	<b>2:30</b> Cookie Contest Judging	
3:00 pm				<b>3:45</b> Southern District Fashion Revue Line-Up		
4:00 pm				<b>4:00</b> Southern District Fashion Revue		
5:00 pm	<b>5:00pm – 7:00 pm</b> Decorate Club Displays					
7:00 pm		<b>7:00 pm</b> Ada County Fashion Revue Practice				<b>7:00</b> FCS Awards Program